

# f r u i t   s h o t s



Østerberg fruit shots are organic and made of 100 % fruits, herbs and vegetables. No sugar is added, which results in an intense taste experience in a convenient 60 ml bottle – easy to take on the go.

The use of ingredients like ginger, turmeric and chili is essential for boosting the fruit shots with nutritional functionality.

The flavours range from sea buckthorn and rosehip to hibiscus and baobab – just to mention a few.

**We invite you to taste the World. One fruit shot at a time.**

# o r i g i n a l

The “original fruit shots” contain some of the more simple and well-known ingredient combinations, which are loved and known by many worldwide. Emphasis is on functional and powerful ingredients to boost your immune system.

## **blackcurrant, chili, cinnamon & mint** refreshing & warming



The freshness of this shot comes from the blackcurrant. Cinnamon and mint add an aromatic touch whereas the chili provides pungency and bite. Both blackcurrant and chili provides vitamin C. Cinnamon contributes with polyphenols and helps stabilize blood sugar levels.

- Source of vitamin C & antioxidants.
- Supports the immune system.

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## **lemon & ginger** acidic & sharp



The combination of lemon and ginger in this fruit shot results in a fresh, sharp and hot taste. Both ginger and lemon provide vitamin C and antioxidants, which improve immune function.

- Rich on vitamin C & gingerol.
- Supports the immune system.

## mango, chili & tumeric

### smooth & spicy



Mango contributes with dietary fibres, which results in a slower uptake of the fruit sugars into the body. Mango as well as chili contributes with the antioxidant beta carotene. Turmeric is a powerful antioxidant due to the polyphenols, curcumin.

- Dietary fibers.
  - Immune support from curcumin and capsaicin.
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## matcha tea & ginger

### green & intense



Matcha is a Japanese green tea with a high content of antioxidants and also containing a substantial amount of chlorophyllin. Matcha also contains caffeine, which improves brain function and gives a direct energy boost. Ginger matches quite well due to the sharp taste and effects of gingerol.

- Anti-oxidant rich.
  - small caffeine boost to energize.
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# t a s t e t h e w o r l d

**You are invited to “Taste the World” through our range of fruit shots with ingredients from all over the world. The mission is to surprise, inspire and challenge.**

**Try something new – maybe you will find a new favourite.**



## **beetroot, raspberry & blackcurrant**

### **Scandinavian inspired fruit shot**

Beetroot has a high content of nitrates, which has shown to interact in the body to create nitrogen oxide, which naturally helps with lowering blood pressure and help oxidize the blood more efficiently. Among many other nutrients, blackcurrant and raspberry has a high content of vitamin C.

- Contains nitrate.
- A pleasant fruit boost.



## **hibiscus, ginger & pomegranate**

### **Middle Eastern inspired fruit shot**

This shot is aromatic, acidic and balanced due of the hibiscus and pomegranate. All the ingredients are packed with antioxidants. Furthermore, pomegranate is high in nitrates, which can lower blood pressure.

- Anti-inflammatory.
- Contains nitrate.

**ø s t e r b e r g**

## passion, baobab, ginger & orange

### Asian inspired



A fruity, sweet and sharp fruit shot. All the ingredients have strong antioxidative effects in the body. While passion fruit and orange add an extra vitamin C boost, baobab adds dietary fibers. Ginger is adding gingerol a strong immune system booster

- Rich on antioxidants.
- Immune system support.

## sea buckthorn, chili, apple, rosehip

### Scandinavian inspired



Sea buckthorn is one of the rare berries that contain the healthy polyunsaturated fatty acids. Omega 3, 6, 7 and 9 fatty acids are all present in the sea buckthorn berries. Rosehip contains antioxidants, which are important for maintaining a healthy body.

- Vitamin C for immune support.
- Rich on antioxidants.