



MIL PLUS⁺

Mil Plus (ready-to-mix powdered drink)

Mother's helper

Complete care from mother to baby

Smells like strawberries and passion fruit.

13-1-15859-6-0025

stimulate milk

Pregnancy care: Mix and drink 1-2 glasses a day.

Help nourish pregnancy

Stimulate blood circulation

Contains vitamin A to help brighten and radiate your skin.

Helps develop the nervous system and brain.



Tips for stimulating breast milk

- At first, mix and drink 3-4 sachets a day, approximately 15-20 minutes before pumping milk.
- Milk is sufficient to meet the needs. The amount can be reduced to 1-2 packets per day.
- Milk will come in abundance if you drink enough clean water and receive continuous stimulation.

How to make a drink



Take 1 sachet (15 grams) daily, dissolve in 150-200 ml of water, use a spoon to stir until dissolved.

Drink continuously for 1 week and you will see clear results.

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Contains **23** important ingredients



1. Ginger extract helps expel gas, reduces morning sickness, and also helps to increase milk for breastfeeding mothers.

2. Banana blossom powder helps stimulate the mammary glands to produce more milk, helps the blood circulation system work well, makes the skin bright and radiant, and treats postpartum fatigue in mothers.

3. Golden banana powder is suitable for breastfeeding mothers. It is rich in potassium, which helps with the functioning of the nerves and muscles, controls blood pressure, helps with digestion, and reduces postpartum depression.

4. Galacto - oligosaccharides is similar to breast milk. It is the main nutrient found in breast milk after lactose and fat. It makes babies who receive breast milk have beneficial microorganisms.

5. Zinc amino acid chelate for pregnant and lactating women. Getting enough zinc helps the baby to have proper development. If the baby does not get enough zinc, it will cause spinal cord insufficiency, which may cause abnormal growth in the baby.

6. Selenium Amino Acid Chelate Breastfeeding women need more selenium than normal. It is an antioxidant. If deficient, it may cause bone and joint disorders, with joint pain.

7. Soy Lecithin acts as a bridge between water and oil, reducing the viscosity of milk, reducing blockage of milk ducts, and allowing milk to flow better.

8. Protein from peas is necessary for milk production. To the baby, help repair brain cells and create new brain cells, produce neurotransmitters, the baby's brain cells help repair the mother's body after giving birth.

9. Vitamin A Acetate helps produce breast milk and nourishes the brain. Growth and development of vision, control of the production of cells, skin and mucous membrane cells throughout the body, including the reproductive system.

10. Ascorbic acid (Vitamin C) is important for the formation of tissue cells and blood vessels, helps in the formation of bones, teeth and gums, and helps in the absorption of iron.

11. Thiamine hydrochloride The body cannot produce it itself. It must be taken with food or supplements. It is a water-soluble vitamin that helps in burning energy. It has special properties: it does not contain any toxic residue. It is necessary for the functioning of the brain, nervous system, and digestive system.

12. Riboflavin helps burn amino acids. An important component in milk. For pregnant and lactating mothers, the body needs more vitamin B2 and is a component of enzymes. It is important in the metabolism of nutrients.

13. Pyridoxine hydrochloride produces neurotransmitters serotonin and norepinephrine, which are important for the body's functions. It treats and prevents vitamin B6 deficiency.

14. Vitamin B12 Helps create nucleic acids and proteins that help in the production of red blood cells. Helps prevent anemia.

15. Folic acid B9 is a superfood for women who plan to get pregnant and pregnant mothers because folic acid helps in creating the embryo, helps prevent and reduce abnormalities in the nervous system, including the absence of brain tissue and the absence of the spinal cord from folic acid deficiency.

16. Kale powder is necessary for the production of thyroid hormones, calcium and magnesium are important for bone health, potassium helps control blood pressure, good for the skin because it contains vitamins and minerals, helps nourish the skin, reduces inflammation and dry skin.

17. Calcium Amino Acid Chelate builds bones and teeth, develops the nervous system, heart muscles and helps in blood clotting.

18. Copper Gluconate The body needs copper to absorb and use iron, to help create red blood cells, and to repair tissue and cell growth.

19. Chromium amino acid chelate, antioxidant Strengthens the body's immune system, helps reduce the risk of diabetes and heart disease, helps increase muscle building, helps reduce fat accumulation in the body, and helps balance blood sugar levels well.

20. Magnesium amino acid chelate Helps in dilating arteries. In people with high blood pressure, pregnant women who take magnesium supplements will reduce the chances of developing preeclampsia.

21. Manganese Amino Acid Chelate helps synthesize tissue in bones and cartilage, prevents osteoporosis, helps control the function of enzymes, helps in the metabolism of proteins, carbohydrates and fats, reduces the accumulation of fat in the body, and reduces blood sugar levels.

22. Iron Amino Acid Chelate helps repair tissue and produce blood cells to compensate for what was lost during childbirth. It helps produce healthy red blood cells and helps maintain a strong immune system in the mother.

23. Fish oil powder is rich in Omega 3, which contains an essential fatty acid called DHA or Docosahexaenoic acid, which is a very important nutrient for children because it helps in the development of the nervous system and brain.

